

A nighttime photograph of a building, possibly a restaurant or cafe, situated on a hillside overlooking a body of water. The building is illuminated with warm lights, and its reflection is visible in the water. The sky is dark, and the overall scene is atmospheric. The text 'HKAYP' is overlaid in the upper center of the image.

HKAYP

Hong Kong Award for Young People

ABOUT HKAYP

Hong Kong Award for Young People is Hong Kong's version of the UK's Duke of Edinburgh Award.

Established 60 years ago, it is an award that focuses on the same components as your IB CAS projects (service, skills, etc...) BUT includes trip EXPEDITIONS in order to receive a renowned worldwide award.

The experience will usually take place over 5 days. This time is split into 3 different camping trips over the course of a 4 month period.



YOU WILL LEARN...

- HOW TO USE A TOPOGRAPHICAL MAP AND ROUTE PLANNING
- DEVELOP YOUR ORIENTEERING SKILLS
- COOK AND CAMP IN THE WILD
- HIKE AND TREK WITH ALL YOUR EQUIPMENT
 - CONSTRUCT A TENT
 - SURVIVAL SKILLS
- BASIC FIRST AID TRAINING
- EMERGENCY HANDLING





YOUR YEAR GROUP HAS
THE OPPORTUNITY TO
TAKE PART IN THE
BRONZE AWARD -

WITH THE POSSIBILITY OF SOMEDAY
COMPLETING SILVER AND GOLD

<https://www.ayp.org.hk/en/join/>



Bronze Level

14 or above

IMPACT OF THE AWARD

- Improve employability
- Improve physical health and fitness
- Improve mental health and emotional wellbeing
- Increase engagement with charitable and community causes
- Improve environmental impact
- Increase social cohesion

WHAT THE AWARD GIVES YOUNG PEOPLE

- ✓ Communication skill
- ✓ Organization skill
- ✓ Decision making
- ✓ Team-work
- ✓ Confidence



IF YOU ARE INTERESTED, THEN PLEASE SIGN UP ON LIONEL.
THE FIRST SESSION BEGINS THE FIRST WEEK OF DECEMBER

THIS IS A GREAT OPPORTUNITY TO GET OUTSIDE WITH YOUR FRIENDS AND EXPERIENCE
MORE OF WHAT HONG KONG HAS TO OFFER

FOR MORE INFO CHECK OUT THE AYP WEBSITE

<https://www.ayp.org.hk/en/join/>

IF YOU HAVE ANY MORE QUESTIONS PLEASE EMAIL MR SPASHETT OR
MR NEALIS



IT'S GONNA BE AWESOME...



HKAYP BRONZE FULL AWARD

Additional Info For Students interested in taking part

GENERAL CONDITIONS

BRONZE AWARD

To be qualified for an award, participants must complete the requirements for each of the following sections:

SERVICE

SKILLS

PHYSICAL RECREATION

EXPEDITION

SERVICE

TO ENCOURAGE SERVICE TO OTHERS

Choose one form of service and undertake training or render practical service.

Group : 1

Briefing and counseling sessions leading directly to practical community services.

Bronze = **minimum of 15 hours spread over at least 3 months**

Group : 2

Service requiring prior training or briefing, such as animal care and fire service.

Bronze = **minimum of 10 hours of training**

Group : 3

Service requiring specific qualifications, like First Aid and Life Saving.

SKILLS

TO ENCOURAGE DISCOVERY & DEVELOPMENT OF PERSONAL INTERESTS

Select a skills or personal interest and follow it continuously. Assessment will be based on the progress and sustained interest over a period, rather than fixed standards of attainment.

This section covers a wide variety of hobbies and leisure activities:

For example:

Music appreciation, Leadership training, Guitar, Languages, Keeping pets, Cookery, Drawing, Athletics officiating, Photography.

Bronze Award = **completed for at least 6 months**

Participants may follow the same activity at all levels, or something entirely new. Skills acquired at school or work are NOT excluded, but participants must show adequate evidence of additional voluntary effort in their own time.

PHYSICAL RECREATION

TO ENCOURAGE PARTICIPATION AND INCREASE PERFORMANCE

Select a physical recreation activity, undertake training and show improvement.

Bronze Award = you **MUST achieve 24 points.**

12 points must be gained from training. The balance required may be made up by continued participation and / or by attainment of standards or certificates.

Points are awarded as follows:

For Participation

2 points for each hour and 1 point for each half hour session. Not more than two points can count per week.

For Standards

Activities with measurable standards only, such as athletics, physical achievement or swimming. Please refer to the Award Handbook for scoring tables

For Certificates

Attain a training course certificate issued by Hong Kong National Sports Associations.

EXPEDITIONS

TO ENCOURAGE A SPIRIT OF ADVENTURE AND DISCOVERY

Undertake basic training, carry out practice journeys.

Plan and complete an expedition with a clearly defined purpose under close supervision of an experienced adult.

Bronze Award = **2 days and 1 night out** (averaging 6 hours of planned activities per day)

Distance covered **must exceed 20km**

Groups of 4 to 6.